

# Visible & Kissable



## Key Points for Safe Babywearing

- Keep chin off chest - place two fingers between chin and chest
- Baby's face should be in view at all times with no need to move sling/carrier
- Baby should be high on the wearer's body - "close enough to kiss" top of head
- Baby's face should never be turned in against wearer's body or into fabric of sling
- Semi-reclined or upright position preferable to horizontal one



**YES**

Chin up!  
Face visible!  
Nose and mouth free!



**NO**

Baby's face is covered.



**NO**

Baby is too low.



**NO**

Baby is hunched with chin touching chest.



**NO**

Baby's face is pressed tight against wearer.

