



August 31, 2020

Dear MilkWorks families,

We are excited to share some updates with you! Our mission to serve you and help create a healthier community means that, while COVID is not yet eradicated from our community, we understand that a family's breastfeeding journey is most successful with in-person services. As we continue to monitor the ebb and flow of COVID-19 cases in our community (wear your mask!), we are happy to announce that:

- **Support persons** -- partners, fathers, grandmothers, and the amazing friend supporting you – **are welcome to join you in-person** during your lactation consultation. Masks are required for the support person but we encourage you to bring your support person so they can do what they do best – support you!

- Feel free to **drop-in to learn about and select your breast pump and take it home with you that day**. Our breastfeeding educators are here to help you with all your questions about Medela, Spectra, BabyBuddha, and Elvie breast pumps and their accessories. We are in network with all major insurers and all Nebraska Medicaid plans -- and we do the insurance paperwork for you!

- Need breastfeeding supplies? Our **retail store is open for browsing without an appointment**. You are welcome to browse our selection of nursing and pump bras from Bravado, Cake Maternity, Leading Lady, and more, as well as breast pump replacement parts and care items like milk storage bags, nipple ointment, flanges, nursing pads, silicone pumps, and warming massage pads. We carry GoLacta, sunflower lecithin, infant, child, and adult pro-biotics, and other item to help you and your newborn. We also have those items that make transitioning to life with a newborn easier for you, like Copper Pearl, Kickee Pants, teethers, Saranoni, and much more. All retail sales support our nonprofit mission of helping create a healthier community for all families.

Thank you for your understanding as we continue to serve you and help create a healthier community for all families.

Creating a healthier community by helping mothers breastfeed their babies.

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