

# Lactation Shopping List

Flex Spending or Health Savings Accounts



---

Breast pumps & replacement parts, breastfeeding supplies, & lactation appointments with clinical staff are eligible for reimbursement with a flexible spending account &/or health saving account.

## Breast Pumps

- BabyBuddha
- Elvie Original
- Elvie Stride
- Medela Harmony
- Medela Max Flow
- Silicone Manual Pumps
- Spectra S1 Plus
- Spectra S2 Plus
- Spectra S2 Complete
- Spectra S9

## Spare Parts & Accessories

- Adaptors
- Battery packs
- Breast pump kit
- Breast shields
- Connectors
- Coolers
- Hands free pumping bra
- Ice packs
- Membranes
- Pump carrying bag
- Specialty breast shields
- Tubing
- Valves
- Vehicle/power adaptors

## Breast Care

- Disposable breast pads
- Hydrogels
- Lactation massager
- Lactation roller
- Nipple creams
- Nipple ointments
- Nipple shells
- Washable breast pads

## Cleaning

- Bottle brushes
- Breastmilk removal soap
- Microsteam bags
- Quick clean wipes

## Storage & Feeding

- Bottle drying racks
- Elvie Catch milk saver
- Milkies milk saver
- Nipple shields
- Nursing bras & tanks
- Storage bags
- Storage bottles
- Storage trays
- Supplemental nursing systems