

Breastfeeding Shopping List



Flexible Spending or Health Savings Account

Breast pumps, breastfeeding supplies, and lactation care appointments are eligible for reimbursement with a flexible spending account or health saving account. MilkWorks is in-network with all major private insurance plans and all three Nebraska Medicaid plans for Personal Use Pumps. Please contact your Flexible Spending Account provider for reimbursement information.

Breast Pumps

- BabyBhudda
- Elvie
- Elvie Curve Manual
- Medela Harmony Manual
- Medela Max Flow Tote
- Silicone Manual Pumps
- Spectra S1
- Spectra S2
- Spectra S2 Complete
- Spectra S9

Spare Parts and Accessories

- Battery packs
- Breast pump kits
- Breast shields
- Connectors and tubing
- Coolers and ice packs
- Duckbill valves
- Freemie collection kit
- Hands free pumping bras
- Membranes and valves
- Vehicle and power adaptors

Breast Care

- Disposable nursing pads
- Hydrogels
- Lactation massage roller
- LaVie heated massager
- Nipple ointments
- Nipple shells
- Washable nursing pads

Cleaning

- Breastmilk removal soap
- Microsteam bags
- Quick Clean wipes
- Quick Clean soap

Storage and Feeding

- Bottle stands
- Breastmilk cube trays
- Elvie Catch milk saver
- Milkies milk saver
- Nursing bras and tanks
- Silicone flower stoppers
- Storage bags
- Storage bottles

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