

LACTATION SHOPPING LIST

Flex Spending or Health Savings Accounts



Breast pumps & replacement parts, breastfeeding supplies, & lactation appointments with clinical staff are eligible for reimbursement with a flexible spending account &/or health saving account.

Breast Pumps

- BabyBuddha
- Elvie
- Elvie Stride
- Medela Harmony
- Silicone Manual Pumps
- Spectra S2 Plus
- Spectra S9

Spare Parts & Accessories

- Adaptors
- Battery packs
- Breast pump kit
- Breast shields
- Connectors
- Coolers
- Duckbill valves
- Hands free pumping bra
- Ice packs
- Membranes
- Nursing bras/tanks
- Pumping bras
- Pump carrying bag
- Specialty breast shields
- Tubing
- Valves
- Vehicle/power adaptors
- 2 in 1 nursing/pumping bras

Breast Care

- Disposable breast pads
- Hydrogels
- Lactation massager
- Lactation roller
- Nipple creams
- Nipple ointments
- Nipple shells
- Soothie pads
- Washable breast pads

Cleaning

- Bottle brushes
- Breastmilk removal soap
- Microsteam bags
- Quick clean wipes

Storage & Feeding

- Elvie Catch milk saver
- Elvie Curve milk collector
- Galactagogues
- Milkies milk saver
- Nipple shields
- Nursing bras & tanks
- Storage bags
- Storage bottles
- Supplemental nursing systems

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Creating a healthier community by empowering families to reach their feeding goals.

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