



Personal Use Breast Pumps



MilkWorks takes great pride in offering a range of high-quality personal use breast pumps to support parents on their breastfeeding journey. Our commitment to excellence goes beyond simply providing these essential tools; when your patients choose a breast pump from MilkWorks, you can rest assured that the model has met the highest standards of quality and reliability. We currently offer the following pumps:

- | | | |
|------------|----------------|--------------|
| Spectra S1 | Spectra S2 | Spectra S9 |
| BabyBuddha | Elvie Original | Elvie Stride |

Breastfeeding and Breast Pump Accessories



At MilkWorks, we carry replacement parts and accessories for Medela, Spectra, Elvie, and BabyBuddha breast pumps. We also stock various other accessories, such as Legendairy products, silicone breast pumps, breast shields ranging from 15mm-36mm and much much more!

Our mission is to create a healthier community by empowering families to reach their breastfeeding goals. We provide clinical lactation consultations as well as a variety of free resources and services at our two locations in Lincoln and Omaha. MilkWorks also offers telehealth appointments and virtual classes.



Nebraska Medicaid Update

As of January 1st, MilkWorks is an in network provider with Molina Healthcare for clinical lactation consultations.

We are unable to bill for breast pumps at this time. We recommend patients contact Molina directly for next steps to receive their breast pump.

Our Clinic Team

Lactation support is a covered service with most insurance plans and Nebraska Medicaid. Appointments are available six days a week - please call to schedule.



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APRN, IBCLC



Christi Schill
RN, BSN, IBCLC



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APRN-WHNP, BC, CLC



Anne Easterday
BA, IBCLC



Miriam Heider
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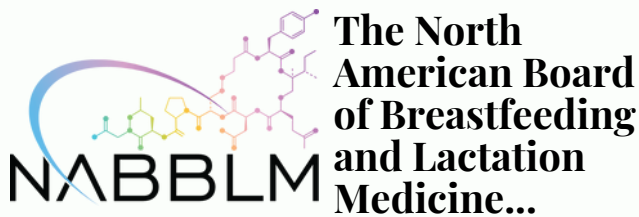


Dr Kathy Leeper, MD, IBCLC, NABBLM-C

Dr. Leeper was one of the first breastfeeding medicine specialists in the US. She accepts referrals for parents and babies with breastfeeding problems beyond the scope of an IBCLC.

"The support & education I received was invaluable! My questions were answered each appointment and I left feeling more confident in my ability to successfully feed my baby."

Anne - Former Client



was founded by a group of seasoned Breastfeeding & Lactation Medicine Specialists who identified the need to help other physicians practice this specialty by outlining an evidence-based canon of knowledge, scope of practice, and pathway to board certification. NABBLM recently board-certified 103 physicians who are licensed in the United States and Canada in their first pilot program. MilkWorks Medical Director Dr. Kathy Leeper serves as the Secretary of NABBLM and played a key role in development of the certification. Visit nabblm.org for more information.

Medications and Breastfeeding

When prescribing medications to a lactating parent, several factors should be considered. These include:

- The age of the baby
- How much of the medication passes into breast milk
- How long a medication stays in breast milk
- What effect the medication might have on the baby
- The dose and length of time needed for the medication
- Any impact or interaction with other current medication(s)

It is also important to weigh the risk of taking a medication versus the risk of not breastfeeding the baby.

There are several resources regarding the safety of medications. We recommend the Drugs and Lactation Database website "LactMed" (bit.ly/3SlsaH4), "Medications and Mother's Milk" which is an app designed for health care providers (www.halesmeds.com), and Dr. Tom Hale's Infant Risk Center available via phone at (806) 352-2519, Monday-Friday, 8am-3pm CST.



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