

Insurance Coverage and Fees for Consultation Care at MilkWorks

An Initial appointment usually lasts approximately 60 minutes. Follow-up appointments last approximately 45-60 minutes. We encourage you to be seen until your baby is feeding well and you are comfortable with breastfeeding. ***PLEASE UNDERSTAND THAT IF YOU ARE MORE THAN 20 MINUTES LATE FOR YOUR APPOINTMENT, WE WILL LIKELY NEED YOU TO RESCHEDULE.***

If you are seen for a consultation with one of our IBCLCs:

- We encourage you to contact your insurance plan to verify coverage. (*Coverage is for mother, not baby.*) As a preventive service, breastfeeding support usually will not be subject to a deductible or a co-pay. If your insurance plan covers breastfeeding help and we are an in-network provider for your plan, we will file directly with your plan (preventive procedure code 99404). While we cannot guarantee coverage of our services by your insurance plan, if you do not have coverage, we can offer you an Out-of-Pocket discounted consultation fee (*see information below under NO Insurance Coverage*) OR, if your baby has Nebraska Medicaid insurance, we can file with your baby's Medicaid plan. Nebraska Medicaid Insurance covers lactation counseling services with an RN/IBCLC for Nebraska Medicaid eligible infants. There is a limit of five counseling sessions.

If you are seen for a consultation with an advanced provider (MD or APRN):

- If you have **Nebraska Medicaid**, there will not be any cost to you for your visit.
- Our providers are **in-network** with **all major private insurance plans**. We recommend that you contact your private insurance company to verify coverage of their services. Provide full names: Michelle Lingenfelter, APRN, and NPI #1275510232 or Karnyta While, APRN, and NPI #1134553738
- CPT codes most often used are 99205 and 99215.
- **Depending on the length and complexity of your visit, we may submit a claim to your insurance company for both mom and baby, as each are potentially a patient. If so, there may be 2 copays, and your visit may be applied to your deductible. If you have questions, please call our billing office at 402-423-6402 Ext 103.**

If you have NO Insurance Coverage, and must pay out of pocket:

- If you see one of the IBCLCs, we provide an **Out-of-Pocket**, discounted consultation fee of \$125 for your initial appointment, \$75 for your 1st follow up, \$50 for your 2nd follow up and \$25 for your 3rd follow up. We do not file for insurance reimbursement under this option, and we will ask for payment at the time of each appointment. ***Please note:*** if your baby has Nebraska Medicaid Insurance, we will file with your baby's Medicaid plan.
- If you are seeing one of the nurse practitioners for a medical issue, MilkWorks provides an out-of-pocket, 20% discounted consultation fee. Under this structure, a 45-75 minute initial visit may range from \$235-\$325 per patient and a 45-60 minute follow-up may range from \$185-\$265 per patient (Both parent and baby may be patients depending on the medical needs of each).

Our goal is to help you breastfeed your baby. We do not want financial concerns to keep you from getting the help that you need! Please call to discuss fees with our billing staff at any time: 402-423-6402 Ext 103.



Reviewed Jan 2026