

Insurance Reimbursement for Breastfeeding Consultations

Private Insurance

The Affordable Care Act (ACA) requires private insurance plans to cover breastfeeding support as a preventative service with no deductible and no co-pay. MilkWorks is credentialed with all major private insurance plans to provide individualized breastfeeding support with an IBCLC. Claims are filed under a mother’s plan, not a baby’s plan. Some plans may have a limit on the total number of consultations. We encourage mothers to call their plan and confirm coverage details.

Dr. Kathy Leeper, our Breastfeeding Medicine Specialist, typically submits a claim for services under medical codes. Please note that a co-pay or deductible may apply to Dr. Leeper’s appointments.

TRICARE Insurance

A prior-authorization for breastfeeding consultations is **not** required. Coverage is limited to six consultations.

Medicaid Insurance

As of July 1, 2017, lactation counseling services are a Nebraska Medicaid covered service for Medicaid eligible babies. There is a limit of five counseling sessions. MilkWorks is credentialed with all three Medicaid plans.

No Insurance

MilkWorks provides a discounted, out-of-pocket consultation fee. We do not file for insurance under this option. Payment is requested at the time of the appointment

Insurance Reimbursement for Breast Pumps

Please note that MilkWorks requires a prescription for all pumps that are filed with insurance.

Private Insurance

The ACA requires coverage of breast pumps as durable medical equipment. MilkWorks is in-network with all major private insurance plans. Most private plans cover a Personal Use Pump. MilkWorks carries the Medela Pump in Style Advanced, Spectra S1 and S2, and the BabyBuddha. We also have Medical Need (Hospital Grade) Medela Symphony rental pumps. Rental Pumps are only available with an MD prescription that identifies a medical need and may not be reimbursed by insurance.

TRICARE Insurance

MilkWorks is in-network with TRICARE for breast pumps. Prior authorization is **not** required for a Personal Use Pump.

Medicaid Insurance

MilkWorks is in-network with Nebraska Medicaid and all three Medicaid managed care plans for breast pumps. Coverage may be under a mother **or** a baby. Please see detailed information on obtaining a Medical Need (Hospital Grade) Rental Pump or a Personal Use Pump on the **next page**.

Pump Service Plan

MilkWorks provides a Pump Service Plan with all of our pumps. The plan includes information and guidance on using a pump, cleaning pump parts, obtaining the best fit with a breast shield and attendance to our Return to Work class or support group. Our pump handouts are also available in Spanish and Arabic.



Creating a healthier community by helping mothers breastfeed their babies.

Medicaid Coverage of Breast Pumps - November 2019

Medical Need (Hospital Grade) Rental Pumps

A **Medical Need (Hospital Grade) Rental Pump** is designed to initiate and maintain a milk supply when a baby is not feeding well. It is the pump of choice for a mother and infant who are having problems breastfeeding. In 2010, a physician committee helped Nebraska Medicaid establish the following Medical Need Guidelines for a rental pump. For a physician order template, please call (402) 423-6402 or visit www.milkworks.org.

Nebraska DHHS Medical Need Guidelines for a Rental Pump

Short Term Rental (up to 2 months):

- Infant with abnormal weight loss
- Hyperbilirubinemia
- Inadequate milk supply
- Mastitis
- Acutely ill infant
- Infant food allergy
- Maternal medical condition
- Maternal postpartum complication

Long Term Rental (6-12 months)

- Congenital abnormality of infant
- Neurologic abnormality of infant
- Prematurity (<37 weeks gestation)
- Latch difficulties

**Medela Symphony
Medical Need
Rental Pump**



Personal Use Pumps

A **Personal Use Pump (PUP)** is designed for minor problem solving or for mothers who require a pump for returning to work or school. MilkWorks provides either the Medela Pump in Style Advanced Starter Set or the Spectra S2 Plus. Both PUPs are effective for most breastfeeding mothers and may be obtained during pregnancy or after delivery.



Medela Pump In Style



Spectra S2 Plus

Nebraska Medicaid Guidelines for Breast Pumps

WellCare of Nebraska * United Healthcare Community Plan * Nebraska Total Care

- **Personal Use Pump:** One per pregnancy; 30 days prior to birth or after delivery.
- **Medical Need Rental Pump:** Available per DHHS Medical Need Guidelines (see above).

Criteria for Physicians Ordering a Breast Pump

Medicaid requires a physician signature on all DME orders.

If a mother (or baby) has a Medical Need for a rental breast pump (see DHHS Medical Need Guidelines), a physician may write an order for a Medical Need (Hospital Grade) Rental Pump. If there is no Medical Need, a physician may write an order for a Personal Use Pump (PUP).

For more information, please contact Amy at MilkWorks at (402) 423-6402, Ext 111.

Breastfeeding Education & Support for Parents

Breastfeeding Information Center

One of the goals of MilkWorks is to provide consistent and accurate breastfeeding information to parents and providers. We maintain a Breastfeeding Information Center, which is based on the latest research and current best practices. All of our handouts are reviewed and updated on a regular basis under the guidance of Kathy Leeper, MD, IBCLC, Breastfeeding Medicine Specialist.

Print information is available at both our Lincoln & Omaha locations or online at milkworks.org.

Classes for Parents

All About Breastfeeding - For expectant parents. This class covers breastfeeding basics, common challenges and the importance of a support system. *Fee is \$25.*

Return to Work or School While Breastfeeding - This class covers the basics of pumping, storing milk, employer support, and working with your day care provider. *Fee is \$15. Included FREE with our Pump Service Plan.*

Parents and healthcare providers may also call our front desk and speak with one of our Breastfeeding Educators in Lincoln (402-423-6402) or Omaha (402-502-0617).

There is an excellent online resource from the National Institutes of Health called LACTMED. It contains information about medication safety for breastfeeding mothers. This resource is free.

<https://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm>

Introducing Solids {Lincoln only} - For parents of 3 to 9 month old babies, this class covers tips on readiness signs, safety awareness, introducing new foods and making your own baby food. *Fee is \$15. FREE for consult clients.*

Breast Pumps 101 {Omaha only} - This class covers the basics of using each style of breast pump, including best practices, cleaning & assembling pump parts and more! *FREE to attend.*

All of our classes are free of charge for families with a Nebraska Medicaid plan.

Drop In Weight Checks

Parents may drop in and weigh their baby on a high quality digital scale during our open hours. There is no fee for this service.

Weight reports may be faxed to a baby's healthcare provider upon request.



Mom Talk

Research shows that women who participate in groups with other mothers have an easier time adjusting to motherhood. MilkWorks has free weekly mom talk groups at both our Lincoln & Omaha locations. There is no registration necessary, no fee to attend and older siblings are welcome.



Contact Information

MilkWorks (Lincoln)

5930 South 58th Street (Trade Center)
Lincoln, NE 68516

Phone: (402) 423-6402 | Fax: (402) 423-6422
Lincoln@milkworks.org

MilkWorks (Omaha)

10818 Elm Street(Rockbrook Village)
Omaha, NE 68144

Phone: (402) 502-0617 | Fax: (402) 502-4676
Omaha@milkworks.org

Executive Director: Angie Miller

Medical Director: Kathy Leeper, MD, IBCLC

Creating a healthier environment by helping mothers breastfeed their babies.

www.milkworks.org

MilkWorks Provider Update

November 2019

MilkWorks, a nonprofit community breastfeeding center, has been serving families since 2001. Our mission is to create a healthier community by helping mothers breastfeed their babies.

MilkWorks Lincoln

5930 South 58th
(Trade Center)
Lincoln, NE 68516
Phone: (402) 423-6402

MilkWorks Omaha

10818 Elm Street
(Rockbrook Village)
Omaha, NE 68144
Phone: (402) 502-0617

Hours:

Monday-Saturday,
9am-5pm
Tuesdays- open until 8pm

Services Include:

- Individual Lactation Consultations
- Quality Medical Need Rental and Personal Use Breast Pumps
- Breastfeeding Supplies
- Breastfeeding Information
- Drop-in Weight Checks
- Classes and Moms' Groups

Community Outreach:

Please visit milkworks.org for more information on our outreach services.



Our Breastfeeding Medicine Specialist & Lactation Consultants (IBCLCs)

MilkWorks has a nationally recognized **Breastfeeding Medicine Specialist** and eleven experienced **International Board Certified Lactation Consultants (IBCLCs)**. Clinical services are available in Lincoln, Omaha, and York. We welcome referrals for all breastfeeding issues.

Consultation reports are faxed to a mother and her baby's healthcare provider(s) when indicated.

Consultations are by appointment:

Monday - Saturday

Lincoln 402-423-6402
Omaha 402-502-0617
York 402-710-8577 (home-based)



Kathy Leeper
MD, IBCLC



Anne Easterday
IBCLC, LLLL



Debbie Erickson
RN, IBCLC



Teresa Flattery
RN, IBCLC



Meghan Gerken
RN, IBCLC



McKenzie Jones
IBCLC



Kristi Lord
RN, IBCLC



Jenny Maestas
IBCLC



Suzy Meyers
IBCLC, LLLL



Jenny Petersen
RN, IBCLC



Christi Schill
RN, IBCLC



Mindee Booth
RN, IBCLC