

## Breastfeeding Shopping List

MilkWorks is in network with all major private insurance plans and all three Nebraska Medicaid plans for Personal Use Pumps.

Breast pumps, breastfeeding supplies, and lactation care appointments are eligible for reimbursement with a flexible spending account (FSA) and/or health saving account (HSA).

### BREAST PUMPS

- BabyBuddha Electric Pump
- Elvie Electric Pump
- Haakaa Manual Pump
- Medela Pump in Style Advanced
- Medela Freestyle
- Medela Harmony Manual Pump
- Spectra S1
- Spectra S2
- Spectra S2 Complete
- Spectra S9

### SPARE PARTS & ACCESSORIES

- Hands free pumping bra
- Breast pump kit
- Breast shields
- Connectors
- Membranes
- Duckbill valves
- Tubing
- Coolers/Ice pack
- Vehicle & power adaptors
- Battery pack
- Freemie Collection kit

### BREAST CARE

- Disposable nursing pads
- Washable nursing pads
- Nipple ointments
- Hydrogels
- Nipple shells
- Lactation massage roller
- Nursing Bras

### STORAGE & FEEDING

- Storage bags
- Storage bottles
- Breastmilk cube tray
- Milkies Milk Saver
- Silicone flower stopper
- Bottle stand

### CLEANING

- Microsteam bags
- Quick Clean wipes
- Quick Clean soap
- Breastmilk removal soap